



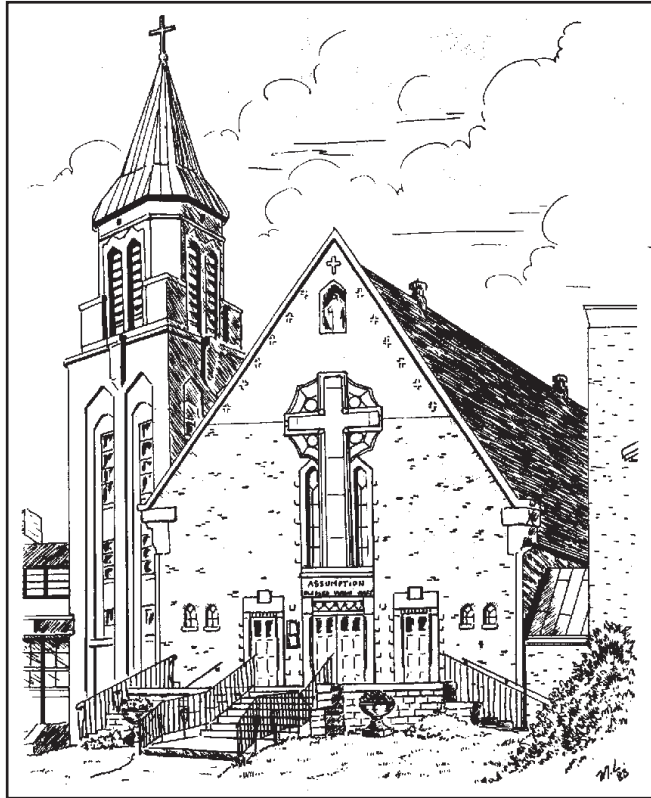
# Assumption of the Blessed Virgin Mary Parish



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320 Olmstead Street, Vanier, Ontario K1L 7K3 • Tel: 613-695-6079

Website: [www.assumptionparishottawa.ca](http://www.assumptionparishottawa.ca)



## OUR PARISH MISSION STATEMENT

(March 10, 1994)

*"We endeavour to build for this community a viable Christian Family that all will consider home."*

### MASS SCHEDULE:

#### WEEKENDS

Saturday: 9:00 am and 4:00 pm (anticipated Mass)

Sundays: 9:30 am, 12:00 pm (Filipino Mass), 7:00 pm

#### WEEKDAYS

Monday to Friday: 8:00 am

### DEVOTIONS

Rosary 30 minutes before weekday Masses

Community Public Rosary – Every First Saturday of the month, after the 9:00 am Mass

Eucharistic Adoration – Every Friday at 6:00 pm

Devotion to Our Lady of Perpetual Help – Every Wednesday after the 8:00 am Mass

Youth Ministry – Every 1st Saturday of the month, 30 to 45 min. session, after the 4:00pm Mass

## PASTORAL TEAM

Pastor: Rev. Fr. Francis Victor Mateo, OFM Conv.  
 Deacon: †Rev. Paul Beaudoin (RIP)  
 Pastoral Council Chair: Art Guillermo  
 Finance Council Chair: Mary Stanton  
 Administrative Assistant: Nora Arriola

## OFFICE HOURS

Monday to Friday  
10:00 a.m. – 4:00 p.m.

## PASTORAL CARE

**BAPTISMS** - If you are a registered parishioner of Assumption Parish (or another parish) and attend Mass regularly, there is no waiting period. You may call the Parish Office to schedule a date and you must attend a Baptism preparation session prior to the baptism. If you belong to another parish, a letter of permission from your Pastor is required. If you are not a parishioner of any parish, you must register, attend Mass regularly, and there is a three-month waiting period before your child can be baptized.

**CONFESSIONS** - Weekdays, after the 8am Morning Mass (approach the priest)

First Fridays - 8:45am to 9:15am

First Saturdays - 9:30am to 10:00am, 3:30pm to 4:00pm (by appointment)

Every Sunday - 11:30am to 12:00Noon

**MARRIAGES** - One of the couple must be a registered member of the parish for at least 6 months and attend Mass here regularly. Please make arrangements at least six months before the wedding date. Marriage Preparation Course required.

**SPIRITUAL COUNSELING** - By appointment.

## SACRAMENT OF THE SICK & COMMUNION FOR SHUT-INS

Please contact the Parish Office

**FUNERALS** - Arrangements should be made firstly with the church, and then with the funeral director to insure proper Christian burial.

Welcome

to the new and current MEMBERS and all VISITORS to our PARISH. Kindly visit our website

<https://www.assumptionparishottawa.ca>  
<https://www.assumptionparishottawa.ca/>

**POPE FRANCIS' PRAYER INTENTION  
MARCH, 2025**

*For families in crisis:* Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.



**TUESDAYS OF EACH WEEK**

Let us pray for the healing of **Pope Francis**, *Lina Groulx, Glenda Hadloc, Charles Hebert, Ed & Diane Dunn, Generoso Jacinto, Claire Kiruhira, Michael & Arnita Sabong, Maxima de Leon, Charity Marohombsar, Feliza Daiz, Jack Beltran, Nelia Samonte, Rosie Nabong, Maximilia Arano, Kier Gabriel Villanueva, Marlyn Serrano, Magdalena, Samaniego, Frank Barrett, Theresa Akan, Chris Finnerty and Bradley Ken.*

**SCHEDULES OF LITURGICAL MINISTERS:**

March 8, 4:00PM – Richard Horrigan, Manny Beloy, Yola Beloy with Nora Arriola;  
March 9, 9:30AM – Janice Opinaldo, Gina Distor, Mary Miguel with Emilyn Suficiencia; 12NooN – Macky Abulencia, Helen Belda, Eliza with Melba Panuncio, Andrew Samonte;  
7PM – Bea Miguel, Chit Villanueva, Helen Belda with Helen Belda



**Mass Intentions**

March 1 – Saturday, 9:00 AM – OUR LADY'S SATURDAY (white) – Thanksgiving to Our Lady of Fatima by *Flor Marcelo*; Healing of Bradley Ken by his family 4:00PM – SUNDAY LITURGY (white) – †Souls in Purgatory by *Mary Stanton*

March 2 – **8<sup>th</sup> SUNDAY IN ORDINARY TIME** (green) 9:30AM – Healing of Bradley Ken by his family; Thanksgiving by *Beaudoin Family*; †Rev. Paul Beaudoin & †Frank Hughes by the *Beaudoin family*; 12NooN – †Charito Ong by *Rod & Jo Laquian* 7:00PM – Pro Populo

March 3, Monday, – FERIAAL DAY (green) 8:00AM – Kenneth Fraser by *Mary Stanton*.

March 4, Tuesday, VOTIVE MASS, ST. ANTHONY OF PADUA (white) 8:00AM – †Rollande Quesnel by *Jean & Theresia Quesnel*

March 5, ASH WEDNESDAY (purple) 9:30 AM –School Mass– †Jaime Sevillano, Souls in Purgatory; 7:00 PM – Pro populo

March 6, THURSDAY AFTER ASH WEDNESDAY (purple) 8:00AM – †Rollande Quesnel by *Jean & Theresia Quesnel*; †Julian Sabas

March 7, FRIDAY AFTER ASH WEDNESDAY (purple) 8:00AM – †Anthony Verzola by *Ben & Mary Formoso*

**WEEK ENDING COLLECTION REPORT**

February 22 & 23  
**\$ 3,138.25**

**TAX RECEIPTS FOR 2024:** are now available for pick-up together with the collection envelopes. Kindly pick up your receipts as soon as possible. Thank you for your cooperation.

**CONFIRMATION RETREAT 2025** organized by the Parish in collaboration with the COUPLES FOR CHRIST'S YOUTH COMMUNITY on **February 28** (Friday), **5:00PM to 8:30PM** and on **March 1** (Saturday) **9:00 AM to 6:00 PM** at the Immaculata Hall of Assumption of the Blessed Virgin Mary Parish.



The **PARISH YOUTH MINISTRY** meets **every first Saturday monthly**. This **March 1**, it would be with Fr. Lodewicus Barnard, SJ. We begin with Holy Mass at 4 PM, followed by a youth session lasting 45 to 60 minutes, during which refreshments will be provided. Everyone is welcome to join us, whether as a member or a volunteer. If you are interested in getting involved, please email the Parish Office at [youthministryassumptionparish@gmail.com](mailto:youthministryassumptionparish@gmail.com) or [assumptionparishchurch@outlook.com](mailto:assumptionparishchurch@outlook.com).

Everyone is invited to our Parish Morning Tea immediately after the 9:30 AM Mass on **March 2** at Immaculata Hall.

There will be coffee, tea, cookies, and fruit available. *Anyone is welcome to bring a plate.*



#### **VOCATION MINISTRY.**

Join parishioners EVERY WEDNESDAY after Mass for the Novena in honor of Our Lady of Perpetual Help and prayers for vocations. Also, on EVERY FIRST FRIDAY (**next on March 7**) from 8:30 AM to 9:30 AM,

there will be ADORATION and EXPOSITION of the Blessed Sacrament, along with opportunities for CONFESSION.

The Church's amplifier broke down last Sunday (installed 19 years ago). We have ordered a new one as a replacement and will be spending approximately between C\$ 2,500 to C\$ 3,000

## 8<sup>th</sup> Sunday in Ordinary Time

The readings of the Mass point to a truth; that is, the words that come out of us make our hidden thoughts known. Sirach teaches that speaking is "the test of men" and their character. **One who is upright will utter truthful and encouraging words to others.** But one whose heart is cluttered with "refuse" will be exposed since the "fruit" of his mouth speaks volumes about the "tree" that produces it. Similarly, Jesus insists that a person speaks "out of the abundance of the heart (cf. **Luke 6:45**)."  
He, too, compares our speech, whether good or bad, to what grows on a tree: "For no good tree bears bad fruit, nor again does a bad tree bear good fruit."

Both readings urge us to make wholesome speech a habit. Most importantly, the Lord asks us to look inward, examine our hearts, and fill them with the "good treasure" God desires.

**To develop a pure heart, we should choose to stay in good company.** Avoid those the Bible identifies as *peddlers of secrets, grumblers, and backstabbers*, and try not to go along with gossip to fit into the crowd or develop the vice of meddling in other people's affairs.

*HERE's a story that can help us remember -----*

*There's a gentleman who had a beautiful singing canary. A friend of his wanted to try to teach his sparrows to sing by keeping the canary with them. He borrowed it and placed it in the cage with his sparrows. Instead of teaching them to sing, the poor bird got so timid among the strange birds that it stopped singing and did nothing but chirp like the sparrows. The owner then took it back, but still, it would not sing. It then occurred to him to put it beside another canary, which sang well. It had the desired effect, and, regaining the old note, it sang as beautifully as ever.*

*Much like the canary, we ought to sing a beautiful melody that captivates the hearts of those around us and leads them to experience the profound love of God. We should not allow our voices to be dulled and stifled by the company we surround ourselves with.*



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